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## Shaka Zulu Restaurant, Bar and Lounge, Stables Market, Camden, London

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### Shaka Zulu Restaurant, Bar and Lounge

*Internationally Renowned Celebrity Chef Barry Vera Take's Camden's Forthcoming 'Theatre of Food' To the Streets of Camden*

**A New £5.5m, African Dining Extravaganza set to open on June 10th 2010 in the heart of Stables Market, Camden, London, UK**

In anticipation of a Royal Blessing from King Goodwill Zwelithini, ruler of the Zulu nation, Shaka Zulu's head chef Barry Vera will take his kitchen on to the streets to excite and educate Londoners about this truly unique approach to African food.

In June 2010, a truly special venue will open in North London. Stables Market in Camden will play host to a brand new culinary experience as 'Shaka Zulu' opens its doors. Shaka Zulu is a hugely ambitious project to fuse African cuisine, Zulu culture and fine dining, all hosted in opulent surroundings of hand-carved wood and African crafts.

**Internationally renowned chef Barry Vera is in charge and he will be providing the most original and creative menu in the capital, using the very finest ingredients available, all backed up by the UK's largest selection of South African Wines.**

Shaka Zulu is endorsed by the King and Queen of the Zulu people. The 750 seater restaurant has pledged £1 for every meal to 'Education Africa'. This charity does fantastic work with the poorest of Africa's children, helping to provide schooling,

healthcare, and health education. Many of the King and Queen's people benefit from this charities activity.

To support this, as well as Shaka Zulu's efforts to showcase the beauty of the Zulu culture, King Goodwill Zwelithini will officially bless the restaurant, in-keeping with the Zulu culture. This needs to be done before Barry Vera can cook a single dish in the venue.

In celebration of this, on the morning of Wednesday 19th May, Barry Vera is taking his 'theatre of food' on to the streets of Camden. Barry will have a full kitchen set up outside the restaurant. Here he will be cooking some of his favorite dishes from the menu. These will include: Seared Ostrich, Cudu, Marinated Springbok, as well as the Shaka Zulu Signature dish 'Karoo Lamb'. Traditional Zulu recipes will be on offer too, such as 'Zulu Cabbage', cooked with bell pepper, tomato and spices, and 'Amazi' a dairy based Zulu delicacy.

**Barry Vera's food and style is all about originality and flare, just like the venue. This outdoor show will provide passers-by with culinary delights they will never before have experienced – a true 'Theatre of Food'.**

Barry will also be presented with Queen Mantfombi's own special, and top secret, chicken recipe, which will be incorporated in the menu.

This will be a unique morning of activity set to brighten the day of Londoners who pass by as they are treated to the same culinary and cultural delights of Africa that will be the central focus of Shaka Zulu when it opens.

**Overview:** Shaka Zulu is the new £5.5m Restaurant, Bar, and all encompassing fashionable nightclub soon to open in a ground-breaking 27,000sqft, three floored location in Stables Market, Camden.

Created on an unimaginable scale, Shaka Zulu is set to be the pinnacle of London's cosmopolitan scene. With a Cape Town inspired Fish Bar and Cocktail Lounges, overlooking an incredible African theatre & dining experience, Shaka Zulu will simply be the place to go for an all encompassing comfortable night out.

The scale of Shaka Zulu will be in keeping with the heritage of the great African King. 60ft carved wooden murals will cover every inch of Shaka Zulu's walls and ceiling, with a 30ft hand shaped bronze statue will guard the entrance. Crystal leopards and wooden elephants will provide the perfect backdrop to a highly fashionable guest-list.

Opening in June 2010, in the presence of the current Zulu King Goodwill Zwelithini and a host of supporting celebrities, Shaka Zulu is set to raise London's cosmopolitan standards by combining an authentic African dining experience with never-before-attempted design, panache and charm.

**Where:** Stables Market, Camden, London, UK.

**When:** Thursday 10th June 2010

**Food:** The main restaurant will present The Shaka Zulu Theatre of Food – diverse cuisine from all parts of South Africa and beyond. Open flame grills will show a world-class kitchen and chefs.

**Experience:** Throughout the evening, guests will entertained in a truly sensory experience with live music, dance and special scheduled theatre-style floor shows. Sign up to the newsletter on the website for full details.

**Website:** [www.shaka-zulu.com](http://www.shaka-zulu.com)

**Booking:** Open now for reservations from call 0203 376 9911